

Optimizer Testimonials (updated 4-04-07)

(These testimonials are not endorsed by Nikken. They are from people like you and me. We make NO MEDICAL CLAIMS -- and we do not claim to heal or cure)

From: wellbeing@San.rr.com

We got our new Nikken Pi-Mag Optimizer on Friday and we LOVE the water. Lori (my wife) says that this is the only water that ever tasted as good as the creek water she drank on her grandfather's farm in Oregon. Now that's some high praise. For me, I really can't believe what this new Optimizer water has done for me: I walked 1.5 miles in 18 minutes wearing my Cardiostrides! That's a record for me as normally it takes me 30 minutes to walk that distance. Lori couldn't believe that I'd walked so far so quickly. Well, she knew when I'd left and she knew when I got back; she just couldn't believe the distance.

A few years ago I hit a semi tractor/trailer while I was riding my motorcycle. As one of the results of that accident, I pulled the nerves located at C5 & C6 (two bones in the neck), out of the spinal cord and I'm now permanently disabled. I've lost the majority of the muscle control in my left torso. I don't have a left diaphragm so I can't really breathe like I used to when I raced bicycles (hey, I used to race VW Bugs on my bike and win!).

But that breathing challenge was on hold while I pushed myself harder than I had in years. I drank three 8 oz glasses of Optimizer water before going on my walk and during the walk I really felt like I could breath very deeply. It was a wonderful feeling! Even more though, I didn't hurt when I got home. My legs felt like they used to when I'd ride a wind sprint (3 to 5 miles on your bicycle at a high RPM) so I knew I'd had a work out, but my back didn't ache, my left shoulder didn't hurt, and I didn't feel tired. I understand that I didn't feel any aches as the extra oxygen that the Optimizer puts into the water was available to my blood and that was helping my body to burn more of it's available fuel: lactic acid wasn't building up.

I've also heard that because of it's hexagonal structure, the water is very hydrating as it's quickly absorbed by the body. Every time I drink a glass of the water I feel like I can breath again. We're very happy with the Pi-Mag Optimizer, it's one of our very favorite Nikken products.

Scott & Lori Olson

From: WEMAGNIFY@email.msn.com

In 1998 while showering Sandy Dosne felt a lump under her breast — she then went to her doctor and discovered she had a tumor that was malignant. She had an operation to remove it - while she was being operated on, it was discovered that the cancer had moved to her lymph nodes under her arm. 19 lymph nodes were removed, 7 were malignant The doctors were concerned that the cancer would spread through her body so they suggested radiation and chemotherapy. She refused after hearing that the success rate would be only 30%.

Because she had been in Nikken, and because she was exposed to alternative health information, she decided to take matters into her own hands. After reading "Reverse Aging" and realizing that acidity in the body leads to disease, Sandy decided to get her body in a more alkaline state.

She bought a pH test kit from her local health food store. She checked her urine, and sure enough, it read 6 (acidic). Cancer can only survive in an acidic environment in the body. She decided to double up on her use of kenkotherm products - (kenkotherm quilt under the sheets as well as on top, she also started wearing the kenkotherm underwear around the clock). She ate more alkaline food. Drank more water. Her pH correct somewhat to 7.0 Then she got on Pi-Mag water. Sandy drank tons of it; her pH moved to 7.4 consistently. In February Nikken sent Sandy & Al an Optimizer to check out. She was excited that oxygen was being added to the water. She was told by many experts that oxygen in the body's systems is an excellent deterrent to bad health. Recently she had a P.E.T. scan done. The results came back perfect. **Not a cancer cell in her body.**

Sandy continues to keep her pH at 7.4 - with the help of a good diet, exercise and Nikken products. If you are interested, there is a great book to read called "Reverse Aging". You can get it at Blue Ribbon Video at 1-800-533-2885 or <http://www.blueribbonvideo.com/>.

Herb Schoenfeld

From: lifemiracles@mindspring.com

For over ten years, I have been the grateful user of our awesome Nikken products. As Nikken releases or improves our products, I add them to our lifestyle and receive yet more relief from 45 years of low back agony and 10 years of neck and upper back aches and tight muscles from a car accident. The muscle tightness effects my sleep and energy. I have been living a fairly productive life with some times of more discomfort but have been able to control most of the daily challenges with nutrition and magnets and far infrared

daytime and nighttime. I take no medication; I just use our products.

When Nikken added the Pi-Mag Water System 1 1/2 years ago, I was so excited. I grew up with soft water that tasted horrible and live in Georgia and now Florida where you don't even think of drinking from the tap. I knew I was dehydrated and was glad for such an incredible system. The shower system changed my hair texture amazingly and I was so glad not to have to shower in chlorine as I knew the harm. When the Optimizer came out, I knew it had to be extremely beneficial. Nikken told us when we were on the Product Committee last year that they would never come out with a product unless it was unique and awesome.

I know from all my research to help my health that we need to be alkaline not acid. I have many health challenges from being too acid. When I started to drink the Optimizer (alkaline) water, things began to change in my body. They were not necessarily good changes in the beginning but from my experience in trying anything new, I know that is what my body does and I know that ultimately that is a good sign. After two weeks, I was still so tired all the time. Weird. Then I bought a book by Dr. Theodore Baroody "Alkalize or Die". He said the most alkaline food is green vegetable powdered drink. Whow!!!!!!!!!! We have it-Emerald Harvest. I changed my diet to a much more alkaline diet, using the book to guide me, drank a teaspoon of the Emerald Harvest in 8 oz. of optimized water as soon as I get up and drink 8-10 glasses of the Optimizer water a day.

Results in just 3 days of doing this are I walked 3 miles every day on the beach for the last 10 days in Florida without much effort. I have never walked over 1 to 1 1/2 miles a day over the last two years and often had to take a day off in between. My energy level has skyrocketed and balanced out. Two days I took the Emerald Harvest twice when I had really long busy days. I walk with energy not dragging myself each step. My skin is no longer so dry from walking the beach but smooth. And for the first time in my life, I sweat. Not sweating is not good.

I've had to wear two necklaces and two bracelets to control the discomfort in my neck and upper back for years. After only two days on Optimized water, I had to remove one necklace and don't need the bracelets everyday. They felt heavy. Weird again. But I am in so much less discomfort in my entire body (including my knees) just being on the optimizer water and Emerald Harvest this last few weeks. I've, also, dropped a bunch of inches off!!!! YEH!!!!!!!!!!!!!!

I'm sharing this because I know so many people hurt or have energy or weight challenges. Loan an optimizer unit or jug the water like we do. It may lose the oxygen but it contains so much else that's so great. Get them on Emerald Harvest. Round it out with daytime and nighttime products. I know many of my problems were from dehydration and acid. I also know that's true for most of us. This is the beauty of being a Wellness Consultant. We can keep learning and sharing what we learn.

Sheri Clarke - Ph: 770-410-1140

FROM: jscaviness@hotmail.com

When I was a young adult, I had asthma and have always suffered from sensitivity to pollen and dust, etc. My reaction to allergens led to early hearing loss, so anti-histamines / decongestants have long been a part of my life. That is until, Nikken came into my life! Use of the pillow alone, allowed me to cut my anti-histamine usage in half. Now, I use all the products, including the Immunity so I seldom have to use any medicines. Use of the Optimizer has helped me so much with the congestion and difficulty breathing exacerbated by the extreme heat and humidity of summer here in NC. I have also been using the CardioStrides regularly since they came out. They, too, have helped increase my endurance, but it's the Optimized PiMag water that has really catapulted me into consistently feeling energetic and alert.

From: Foxfollyfarm@aol.com

There seems to be some confusion on the stability or duration of the Nikken Optimized Water. The Company (in its usual conservative, "understate, rather than state" philosophy) states the hyper-oxygenation lasts 2 hours and the Pi-Mag energy lasts for 2 days. THAT IS THE OFFICIAL COMPANY POSITION!

HOWEVER, remember that the physical changes are related to environment and temperature. When I did an kinesiology experiment on the competitor Penta Water, which is stored in toxic releasing plastic bottles, the energy result was zero.... BUT when I did the Pi-Mag test after 5day old water...the energy kinesiology test was positive...so in my test the Pi-Mag property lasted at least 5 Days If one stores the Optimized Water in a narrow necked, glass container and refrigerates it, the oxygenation release will decrease and you can get many more days. I have heard some say maybe 8-10 days???? Does it really matter??? One should be consuming it sooner anyway and just make more. We make the water about 4-5 times a day at our house. Remember also that the company recommends drying out the chips about once a day, probably so one will not get a biofilm growth on the chips, I presume. I just take the tray out and wrap in paper towel to keep the dust off.

I am so amazed at the energy I receive and how cheap this Nikken Optimized Water is when compared to the Penta Water (\$1.49 for a small 16 oz bottle), stored in toxic plastic for God knows how long, and in my humble opinion is just reverse osmosis deionized , slightly mineralized water. I know one person that gets 5-6 cases a month for their family use....that is over \$100/month. People that

buy regular old bottled water rarely sit down and consider the annual costit is astronomical!!!!
Always remember that when one is purchasing a Pi-Mag filter unit and Optimizer, one is not buying a unit or machine...one is buying Gallons and Gallons of pure energized water.....one is buying gallons of health and peace of mind....and it is cheap!

Michael L. DiPaula DDS - Phone: 410-592-8733 - www.5pillars.com/drdipaula

From: genesiswellness@5pillars.com

For the last 25 years, I have never owned more than 1 short sleeve shirt at any one time. And it was only worn around the house or with really, really close friends. You're probably thinking ... So What? Well, 29 years ago, I was diagnosed with an "incurable" skin disease that turns your skin into itchy, red, scaly patches which can be very unsightly. So, whenever I was out in public, I've only worn long sleeve shirts. Over the years I have tried numerous treatments ranging from tar-based shampoos and ointments, 30 to 40 monthly cortisone shots, ultraviolet light treatments (talk about paying for future skin problems), experimental drugs, even mystery medicine from Mexico and Spain. In spite of all these efforts, the disease continued to spread until I was affected from head to toe.

In June, when our PiMag Optimizer arrived, we immediately started drinking the new, improved water. We knew the extra oxygen and alkaline water could be beneficial and definitely not harmful. At that time, I was also using the Liver, Immunity, and Joint compounds. Within three weeks, I started getting a reaction (including an uncomfortable detox period) that has now led to my skin being 99.9% normal. This is truly unbelievable !!! It may sound insignificant to you, but I have even been out buying short sleeve and polo shirts to wear. These products are truly life-changing.

Phil Bartlow

From: ybhurtn@5pillars.com

I don't believe people know what we have with the Optimizer. I keep hearing testimony after testimony of almost miraculous things happening.... just from drinking water from this appliance. When I was in Omaha, NE last weekend doing a training and Wellness Preview, a Personal Trainer for a large Health and Fitness Club stood up and shared this testimony. He has a machine that can measure all kinds of things about a person through electrical conductivity, as they stand on it with their bare feet. It measures percentage of body fat, etc. as well as their level of hydration. On a scale of 1 to 100, 98% of 1,500 people he has tested so far.... fall in the range between 50 and 69 on that scale of 100. They stay in that range, even though some of them drink lots of water. There were only four people that tested over 100 on the hydration scale. The Personal Trainer was one of them, and the other three were Nikken Consultants. One of them tested 146 on the scale! What was the common denominator in this four over 100 on the hydration scale? They all drank Optimized Pi Water!!

Dennis & Ruth

From: Si & Lavonne Wagenbach - 309-925-5625

Our daughter who was pregnant went to the doctor and he was very concerned because she had very low amniotic fluid and was in danger. We suggested she drink optimized water constantly and in two days she went back to the doctor for another check up and she was fine...

Si

From: manuel54@cox.net

What I love about the Optimizer II:

- *It holds 33% more water, which lasts longer for our family of five
- *It is *MUCH* quieter to run!
- * It takes up LESS counter space
- *Even though my other Optimizer Pi Ring is only a week old, the water from the Optimizer II tastes smoother and better
- * I can use my first Optimizer for a demo unit, or even for an upstairs unit in our home!

Rik & Ellen Manuel

From: jallen77@socal.rr.com

I've enjoyed my lilly pond with the same goldfish swimming around for over 16 years. Recently, I purchased an item which claimed to make the water even cleaner. Within 2 days of putting in the "Pond Pad" the water was murky & by the 3rd day I noticed a number of my fish floating "dead" on top of the lilly pond. I was devastated. All I could think of was that something in the "Pond Pad" eliminated the oxygen in the water. I immediately pulled out the "Pond Pad" & started pouring Optimized PiMag Water into my lilly pond.

I have a relatively large pond. I spent about 2-3 hours constantly pouring in the Optimized PiMag water into the pond. As I was doing this I started to pick up the "dead" fish and although their eyes were glassy and their mouths were not moving, apparently they were just barely alive. I poured the Optimized water right on top of these dying fish. I then added the special solution that is required whenever new water is added to ensure the appropriate ecological balance. By the end of the day, ALL of my fish were swimming around and breathing. Within 3 days, they were ALL healthy; eating & swimming normally in the pond. The murkiness of the water disappeared also and was clean again. Thank Heavens for Nikken's Optimized PiMag water!

Jan

From: bob11241@earthlink.net

Here is what I found on when to replace A new pi ring and rotor creates a lot of bubbles. As the parts wear these bubbles seem to disappear. Now let me report what the owners manual says: (1)the pi ring should be replaced every two years if the optimizer is used four to five times a day. (2)When in use the rotor should be moving with a rocking motion inside the pi ring. If the rotor no longer develops a rocking motion it needs replacement.

My wife and I use the optimizer easy 5 times a day. The replacement of the rotor seems to be the key thing to watch for. There is a marked performance difference that is observable with a new rotor versus old rotor. New rotor - many bubbles and a strong vortex action and the a for-mentioned rocking action. Next there is daily maintenance recommendations for the rotor. I have not been as diligent doing these as it says to be. Next there is more periodic maintenance to be done on a timely manner that most of us are probably not doing. I replaced both parts and there is observable performance difference and water quality difference.

FROM: jare1@sbcglobal.net

A friend who has had terrible acid reflux problem since childhood was able to only sip water and never drink a full glass. She purchased Aqua Pour and Optimizer a month ago. She told me today that she no longer has acid reflux problem and can drink a large glass of Optimized water at once!

Annette

FROM: pokaneruth@hotmail.com

For years I had an itchy spot on my left side that nearly drove me crazy. No MD could figure it out or even see anything on my skin. Medication or creams did not help. When I finally found Nikken and got on the PiMag Optimized water, my itching ceased. It took a couple of months but when I was fully hydrated, my skin didn't itch anymore. Now, when I don't drink enough water every once in a while, my side starts itching, reminding me that I need to increase my water intake.

Ruth

From: kenko@telus.net

After reading the book "Your body's many cries for water", I became acutely aware of the need for water although I was already drinking plenty of PiMag water myself. I'm a teacher and I have been telling anyone who will listen, in the staffroom or anywhere, how important, yet how simple it is to drink water. And if you are going to make the effort to drink, might as well be drinking the best water possible.

Well, one of my fellow teachers has been listening and paying attention. I had sent her a number of stories about optimized PiMag water but those alone had not moved her into action. However, one day, in the middle of classes, she comes into my classroom and asks: "Do you have some of your water?" I said yes that I did in the glass jars by my desk.

During lunch break later, I learned that she was doing a P.E. class with grade 2s and 3s. One of the students, a little girl, was having quite a serious asthma attack and was starting to panic. The teacher said that the little girl's attack virtually stopped as she drank the optimized water from the jar which had been made at home earlier that morning. Apparently, the little girl said something like: "What is this?" I said to my colleague that I thought ordinary water would have possibly done the same thing, based on my interpretation of the above mentioned book, of how asthmatic people sometimes need more water than "a pump". Her response was, no. The little girl had already been to the fountain and had had a drink of ordinary water but nothing had happened. Then she had come to my classroom...

After thinking about this amazing result I came to a personal conclusion. The "energy" from the optimized PiMag water must have been what stopped the asthma attack, not the H2O itself. It simply needs more time to reach the lungs and/or any other organs and cells. I have once heard that water will take up to half an hour to reach our brain after drinking it. There is so much energy in

optimized PiMag water that you can demonstrate it with a "triple blind" balance test.

Two weeks after this "incident," the teacher ordered an Optimizer for herself and her husband. Only after this first hand experience was she moved to action although she had read others' stories at an intellectual level but had remained possibly somewhat unsure of their truthfulness. Then, at the end of the year, at the last staff party, she was asked to give a brief going away "tribute" to me as I was leaving that school. The little girl's story came up. In her enthusiasm she started talking about the healthy water that Dominique drinks and how it had saved the little girl that day! I nearly choked. Of course her boldness and enthusiasm was as surprising as it was unexpected, and to add that it had saved the little girl was quite the claim.

Dominique Raymond